
North Tyneside ASC

Annual General Meeting

29th November 2019
Lakeside Centre, Killingworth



Chair's Report

Eliot Sykes



We have witnessed a year of rebuilding with a significant influx of swimmers into the lower lanes. This has mandated a lane restructure to ensure we develop our swimmers of the future whilst continuing to improve swimmers in the higher lanes. The Coaching Team are similarly experiencing transition and we welcome Calum MacGregor to the team.

So, what have we achieved:

- Mass recruitment into lanes 5 and 6
- Promotion into Diddy League Division Two
- Our second Majorca Swim Camp
- 12 N&D swimmers
- 11 NER swimmers
- 4 national swimmers
- 17 club records broken
- Significant reinvestment in the club with new lane ropes
- A successful summer weekend activity camp
- SwimMark Essential accreditation
- New online system to purchase club kit

However, there is also much that we still need to achieve:

- The Club remains financially strong but must continue to reinvest for the future. We are therefore currently exploring the options of purchasing a new swimmer communication system
- We recognise our responsibility as a club to continue to support and educate our swimmers and parents on the risks of social media
- We recognise the importance of fundraising and will strive for a year-round fundraising programme
- It remains important that we have fun so we will continue to develop a year-round social calendar

I must finish by recognising the work of the committee. They are truly exceptional and work tirelessly behind the scenes to support our fantastic coaching team and club as a whole. As stated at last year's AGM, I plan to stand down as Chair at this AGM. It has been an absolute pleasure working with the team and making all the friends I have, but I must now focus on enjoying the final swimming years of my daughter.

Many thanks for your ongoing support and keep up the great work. The club is in a great position for the next chair to take it forward.

Eliot

Chair

North Tyneside ASC

Club Secretary's Report

Stephanie Hannant



My role as Secretary includes:

- Acting as main point of contact for the Club
- Organising committee meetings, preparing agendas, taking and distributing minutes
- Communicating key messages and information to the Committee, Coaches and Members
- Liaising with other Clubs, Club Network and Swim England to ensure all appropriate administration is in place.

If you have any questions or concerns, please contact me in the first instance on the Club Secretary email address which is **ntscsecretary@outlook.com**. Do bear in mind however, that I work full-time outside the Club in addition to fulfilling the role of Club Secretary and this can impact on when I will respond to queries.

The Club continues to be involved with the Tyne & Wear Network Forum. The Forum brings together Swimming Clubs within the Tyne & Wear Area and it is our opportunity to receive support, offer assistance and work together to share ideas and expertise. There are often discounts on courses and opportunities available to us through this membership which would not be available to other Clubs.

In 2017, I was privileged to be able to escort a group of our swimmers on the Club's first international training camp to BEST Centre in Majorca and have just recently returned from our 2019 Majorca Swim Camp, also at BEST Centre. Watch this space for further Camps; I am always on the lookout for new opportunities for our swimmers! **#purplearmyontour**

I spend a lot of time organising, supporting and participating in fundraising activities, something I would strongly encourage all our members to do. We need as much support as possible to keep doing what we are doing and I would like to take this opportunity to extend a huge thank you to everyone who supports the Club in so many ways. **BUT**..... we need more help and you are just the person to do that!

We have another fantastic fundraising opportunity coming up on 21st and 22nd December when we will be holding a bag pack at B & M Bargains. This is the busiest weekend of the year! **Please, please, please** donate a few hours of your time to help and don't leave it to the usual few. It really is great fun and by far the easiest way of raising large amounts of money for the Club and it helps to raise our profile in the community.

COME ON EVERYONE - YOUR CLUB NEEDS YOU!

North Tyneside ASC is now a huge part of my life and has become like having an extended family! I have made many good friends and feel very proud to be part of this great Club.

Stephe 😊

Secretary

North Tyneside ASC

Competition Secretary's Report

Jane Crozier



North Tyneside ASC is a competitive swimming club and as such we expect everyone over the age of 9 to be attending galas – a minimum of 4 per year for Competitive Development Squad and a minimum of 6 per year for all other squads.

So, why attend a gala?

- Put into practice what you have learnt in training
- See how much progress you have made
- Stretch yourself – swimming development and personal development
- Improve your personal best times (PBs)
- Achieve qualifying time for other galas, competitions and championships
- Compete – the overall aim of North Tyneside ASC!
- Learn from watching other swimmers
- Represent and be an ambassador for North Tyneside ASC
- Meet new people and make new friends
- Have fun!

All licensed galas are subject to Swim England Regulations and are graded into four levels:

1. **Level 1** galas cover National, Regional (SENER) and County Championships (N&D)
2. **Level 2** galas are short course (25m) only and cover National, Regional and County Championships. Their purpose is to enable athletes to achieve qualifying times for entry into National, Regional and County Championships in short course.
3. **Level 3** galas are long (50m) and short course (25m) events. Their purpose is to enable athletes to achieve times for entry into Regional and County Championships and other Meets at Level 1 or Level 2.
4. **Level 4** galas are entry level events in pools 25m or greater. They are for inexperienced athletes and swimmers seeking to compete outside their club environment. If times are good, athletes progress to Level 3 Meets.

All communications regarding gala entries must be sent to:
northtyne.galas@outlook.com

Please **do not use any other form of communication** (i.e. Facebook, text messages or phone calls) as I cannot guarantee that your query/gala entry will be looked at if these methods are used.

For younger swimmers and those new to the club, please be aware that a swimmer must be registered as a competitive swimmer with Swim England in order to compete in a gala. Please see Carol Hainsworth, our Membership Secretary if you are unsure of your swimmer's registration status.

All times achieved in galas are held in a national swimming results database, which can be accessed at **www.swimmingresults.org** This is a fantastic tool which can be used to follow your swimmer's progress. It is the times recorded on this site that are used for gala entries.

If you are unsure which galas are suitable for your swimmer or have difficulty identifying which races to enter, please speak directly to your Squad Coach.

Thanks, Jane

Competition Secretary

North Tyneside ASC

Treasurers Report

Chris Soan FCA



In the 12 months to the end of 31 October 2019 the Club has seen another very active year, supported, in no small part, by ongoing management of the Club's financial position by your voluntary Committee. Fundraising and use of reserves has helped with the several extra curricula and social activities that go beyond the remit of daily training.

Sign off

The Club accounts for the year ended 31 October 2019 will be made available at the November 2019 AGM. A review of the accounts has been performed by George Clark, an independent reviewer, who carried out a detailed examination of the books and records. A clean independent examiner's report was issued. I would like to formally thank George for doing this.

Examiner for year ended 31 October 2020

George Clark has agreed to be the examiner of the accounts for the forthcoming year.

Fundraising – provides for future investment

The Club's main fundraising activities in the last financial year included:

- The Club's annual gala was in June and generated a surplus of £4,468 against the equivalent Mad March Hare (MMH) event in March 2018 which generated a surplus of £1,417. The current and prior year figures, respectively, follow an adjustment for the late invoice received from the pool that we hired for the 2018 MMH event but was paid for this financial year. The healthy increase is the result of an increase in numbers. This gala has a number of fixed rather than

variable costs meaning that any additional ticket sales make the event ever-more profitable,

- The Club was asked to host a Diddy heat in March. This proved to be a very well-supported event which provided a funding opportunity for the Club, generating a profit of £1,585.
- Bag packs at Marks & Spencer plc in December 2018 raised just under £4,000 against a prior year haul of £2,331. The bag packs for December 2019 have been arranged but can only work, rather obviously, if there are bag packers who volunteer.
- The *Last Man Standing* initiative continues to be a popular event. Arranged by Alan Christie, this year proved very popular with an increase in take-up and it generating around £500 per event.
- There was a fashion show that was held during the year and this generated a profit of £500.
- The Sweet Shop showed a surplus of £772 against a prior year of £708 but the curtain has now come down on this revenue stream as we are no longer in a position to sell sweets at the pool. Whether this applies for future hosted galas has yet to be confirmed.
- Profit from kit sales have historically contributed in a very small way but you will know that kit can now be ordered online, through the Club's website. This will ultimately provide a small contribution to the Club going forward but, more importantly, reduces the risk of people not paying on time, despite having to be chased.

Investment – events and equipment

Tangible investments during the year have included the now very visible lane ropes and storage wheel for the Killingworth Pool, representing an investment of £4,000. We also purchased 'resistance' equipment for use in the pool, a 'sum-up' device to take gala entry payments in an (ongoing) attempt to eliminate cash and a notice board.

Other 'one-off' (non-operating) costs include many which might be intangible but are, justifiably, investments as they represent expenditure from which all participants receive a lasting benefit:

- The Club again held a bowling and climbing treat at Eldon Square in May and another Social night at Blue Flames Sports Club in July brought the entire club together to celebrate team and individuals' successes. Once again, these events were funded entirely by the Club, costing around £2,000 in total.

- In June, we were fortunate to again commission the 2018 Commonwealth Games Champion, Aimee Wilmott, to deliver a practical skills session to our swimmers. This was a useful and well-attended event, further evidenced by the long queue of autograph hunters.
- In August, the Club arranged an 'Adventure weekend' at Dukeshouse Wood in Hexham, inviting all swimmers. The Club subsidised attendees by 50%, even arranging transport, resulting in a cost of £1,434. This is an investment; it was a hugely successful event with attendees sampling abseiling, zip wiring, camp-fire raising and team building. Cost-permitting, we hope to repeat this event.
- The overseas swim-camp event in Majorca during the October half term was the culmination of a lot of behind-the-scenes effort which, overall, represented an investment of £4,713 and provided the older swimmers with a different training opportunity. This figure takes account of various sums that had to be paid in the prior financial year too, so part of the overall cost was accounted for, and reported on, in the prior year. Future swimmers will get this opportunity as they advance up the lanes as future overseas trips are likely.

Summary

The deficit in the year reflects the above investments. Club's finances are in a healthy position. We are aware of increases in ASA fees and pool hire fees, which are beyond our control. The Committee will decide what proportion of these additional costs will need to be passed on to swimmers as our operating costs must only be covered by its operating income, i.e. monthly/yearly fees, and this must continue in order to preserve the Club's operating viability.

On a final point, this is likely to be my penultimate report as Treasurer of this Club. We are now into a new financial year and, with a recent substantial increase in my professional working life, this needs to be my final year. I therefore shall pass the baton onto another parent – **it does not need to be a Chartered Accountant** - to allow them the opportunity to help look after the Club's finances and such notice should now be sufficient for this to be sourced in time for a handover.

Christopher Soan, BFP FCA
Treasurer
North Tyneside ASC

Membership Secretary's Report

Carol Hainsworth



I am pleased to tell all of you that the club is healthy from a membership perspective. We are also holding a waiting list for swimmers to join the club and this is currently standing at 23.

This year we have 28 members swimming as non-competitive and 76 active members competing. The training which has been delivered throughout the year by our Coaches has really made a difference as we have a record number of swimmers achieving N & D and NER Swims. Well done!

We also have 42 members who are either coaches or assistants/volunteers in the club, this number continues to increase year on year but as always, we encourage as many people as possible to help run the club volunteering their time whenever they can. If you wish to volunteer for the club or can offer the Club support in any way, please let me or another member of the Committee know.

All Swimming Clubs affiliated to Swim England have to pay an annual membership fee per member. The fee also covers the necessary insurance for our swimmers and helpers, covering Civil Liability, Personal Accident and Legal Advice. The pools we train at require us to provide them with a copy of this Insurance Certificate, as a condition to our hire of the pool.

Renewal needs to take place during the month of January with final payment being received no later than Friday 31st January. All monies must be paid via BACS using the code **SURNAME-ASA2020** e.g. mine is **HWORTHASA2020**.

Please ensure you use the correct reference as it is very difficult to identify your payment if this is not used. If payment is not received by the 31st January, swimmers will be suspended until payment is made.

All members are required to pay the following:

NTSC Membership Fee: £30 + relevant Swim England Fee

- Non-Competitive (Category 1) £25
- Competitive (Category 2) £40
- Associate/Volunteer (Category 3) £15.00

You will notice a price increase this year which reflects the increases made by Swim England.

Swimmers who are 9 or over (or will have their 9th birthday before 31st January 2021) should be registered as Competitive (Category 2) Members to ensure there are no issues when they start competing. Any swimmers registering as Category 1 and then subsequently upgrading to Category 2 will be required to pay the additional fee prior to attending galas and this may cause a delay in when they can compete.

Any changes in medical history throughout the year must be registered with us immediately in order to keep our records up to date to ensure the safety of our swimmers.

If anyone has any questions or wish to be a volunteer please do not hesitate to contact me on chchains@gmail.com

Carol
Membership Secretary
North Tyneside ASC

Head Coach's Report

Chris Tibbs



It's been another year of strong performances across the whole pool and Club as a whole. The Club has seen fantastic performances from junior to open youth county level with medals in freestyle, form and medley swimming. The Competitive Development groups, refusing to be outdone by the junior and open swimmers, have themselves had their own share of the glory with a fantastic, nail biting performance of their own in winning the 3rd Division Northumberland and Durham Diddy League for a remarkable 2nd time. Well done Purple Army ...continuing to march on!

In October half-term this year the Club embarked on its 2nd warm weather camp to the BEST Centre in Mallorca for an excellent week's swim training and dryland programme. There was pretty much no rest for the rapid as within a few hours of landing, quite a few of the group were heading to Sheffield's Pond Forge for short course North East Regional Championships where some tough swimming was demonstrated across the weekend.

Coaching

The key to the development of our groups is providing continuity in both program and delivery and in that sense, during this year, we have been a lot better off than most clubs within the county - region even - being lucky enough to have, pretty much, a dedicated coaching presence on every lane. Every training group, from our young swimmers in Stroke Development through Competitive Development, Competitive, Advanced Competitive and National Potential group has a dedicated Scheme of Work with weekly, monthly and annual cycle to work through. All are synchronised to one series and - as swimming is a long-term development sport - gradually progressive, to ensure your swimmer has a seamless transition along the pathway as they develop. I

would like to thank Beth Toomey for her sterling work in collating the scheme together into one workable document.

Furthermore, I am delighted to say that we can bolster our Coaching Team even more with the appointment of Calum MacGregor to our ranks. Calum has an excellent track record of coaching in both this area - Gold at County Level - and from spells abroad, latterly in Australia coaching to National level. You may have seen Calum guesting around different areas of the pool already, making a big impact; the swimmers being in awe of his presence, delivery and passion for the sport. Welcome on board Calum.

Strength and Conditioning

This time last year we were exploring more dedicated land training and Strength and Conditioning work at Jesmond Pool on a Saturday for the senior squads, headed up by James Tait. I am delighted to say has been a massive success; producing much more robust swimmers and with the normal muscular niggles of a training programme virtually disappearing! Lakeside will soon have their sports courts refurbishment completed so watch this space for further developments on Sunday land training sessions for the whole club.

2019/2020

I believe we are in a very strong position to take on the 2019/20 season. A few galas in this season and qualifying times are already being chalked up. Junior League swimmers are preparing to consolidate their position in Division 2 - even bettering the previous best of runners up is not unrealistic. So it's all to go for.

Support Structure

Parents; please keep supporting your swimmers. This is a tough sport where swimmers learn a lot about themselves; where there are challenges and highs and lows which are tempered with absolutely amazing times, experienced with equally amazing people along the way. You are just as much a part of the club as these amazing swimmers. Getting involved with the club is a fantastic experience and just the best use of one's time while your swimmer trains or competes! Many hands make light work and volunteering greatly helps out the club and the sport yet can also be so rewarding. Why not give it a go?

See you around deck!

Chris Tibbs
Head Coach
North Tyneside ASC